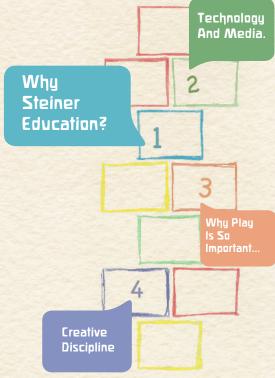
## **WORKSHOPS** FOR PARENTS

York Steiner School 2014



Four workshops exploring Steiner Education for under 7's and Early Years childcare. Presented by:



#### **Dorothy Marlen**

The National Birth to Three rep on the Steiner Waldorf Early Years Steering Group and UK's pioneer of the Pikler approach to childcare.



### Education Towards Freedom

www.yorksteinerschool.org

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## Why **Steiner** Education?

An introduction to Rudolf Steiner's insights into child development and particularly the needs of the child in the first seven years of life.

In this first workshop there will be an emphasis on the developmental needs of the child in the first seven years of life.

This understanding helps to answer questions such as why we allow children to play so much,

why don't we teach reading and writing until six or seven and why we discourage technology.



childhood as outlined by Steiner Saturday Feburary 1st 9.30am - 12.30

> Apple Tree York Steiner school

• A better understanding of the Steiner educational approach why things are done as they are.

• An overview of the phases of

and the educational approach

that has developed to

support these phases.

- Some insights into how you can create a healthy home life for under 7's.
- A chance to ask and discuss questions with other parents in a safe supportive environment.
- A chance to try out a new craft which you can take home.

A crèche is available for parents with children, supervised by volunteers from the school Kindergarten teachers. For further information about this or any of the four workshops please visit www.yorksteinerschool.org or call us on 01904 654983

WORKSHOPS FOR PARENTS - 1 - Donations on the day

## Technology And Media

The young child's sensory sensitivity and the challenge of today's technology and media.

Our bodily senses connect our inner soul and spiritual life to our experience of our body, to the world and to each other. Steiner described 12 -more than is commonly known. How these are nurtured and protected in the early years of life have a profound effect on our health and well being later in life.

> Saturdau March 22nd 9.30am - 12.30

Apple Tree York Steiner school

As parents and carers it is important that we give experiences that are "true". In this workshop we will explore experientially, in turn, each of the senses Steiner described. We will look particularly at the senses which we need most to care for in the first seven years of life. We will also discuss the ways in which our present western lifestyles challenge and compromise the healthy unfolding of these precious sense organs and what we can do about it.

- · A better understanding of the 12 senses as described by Rudolf Steiner.
- More understanding of what is appropriate stimulation and protection at different ages.
- Practical suggestions as to how we can care for our children's sensory sensitivity.
- A chance to ask and discuss questions with other parents in a safe supportive environment.
- A chance to try your hand at a seasonal craft.

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WORKSHOPS FOR PARENTS - 2 - Donations on the day



#### **Dorothy Marlen**

The National Birth to Three rep on the Steiner Waldorf Early Years Steering Group and UK's pioneer of the Pikler approach to childcare. Dorothy works as freelance consultant for Steiner and mainstream early years settings across the UK and is the author of The Parent and Child Group Handbook.

www.dorothymarlen.net

Presenting four Parent Workshops to explore, question and learn about Steiner education and about the role of being a parent today.

- 1. Why Steiner Education? Saturday - February 1st
- 2. Technology and Media Saturday - March 22nd
- 3. Why Play Is So Important Saturday - May 24th
- 4. Creative Discipline Saturday - June 21st

#### Open to all

Whether you are a past, present or future parent please join us at the

York Steiner School Danesmead. Fulford Cross York, YO10 4PB

for any of the four workshops

available for all

Workshops

or upto 15 children

BOOK NOW

to secure

your place

Donations on the day



York Steiner School Ltd is a registered charity - Reg. No 511974

### To book your place

please contact us via the school office on 01904 654983 or email info@yorksteinerschool.org



In the first seven years of life children learn through imitation and play - they learn how the world works, they learn about themselves and they learn about other people, what it feels like to play many different roles as well as the give and take of being with others.

Perhaps, most important of all is that children will also, if given the time and space, naturally develop a profound imaginative facility which is the foundation of all later learning, creativity and genius. As parents and

carers we need to provide the right environment - physical, emotional and spiritual where the "genius of play" is respected and nurtured as it unfolds, right from birth.

In this workshop we will explore what play is, and how it develops from birth. We will look at what encourages creative play in children and what can stifle and stunt it. There will be singing at the beginning of the workshop and an artistic activity or seasonal craft.

- An overview of how play develops and why it is important to provide the right environment.
- A better understanding of why we do what we do in Early Years Steiner settings.
- · Ideas to take into your family life.
- Time to share your questions in a friendly supportive environment.
- An opportunity to do an artistic activity.

9.30am - 12.30

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WORKSHOPS FOR PARENTS - 3 - Donations on the day

# Creative Discipline

This is a very useful phrase to describe creative ways of working with the values you want to enfold your family with.

How do we prevent the river banks of family life becoming either a flood land or a prison wall? Do we need to change our approach with different aged children and with children of different temperaments?

Using experiential and reflective exercises this workshop will offer an important opportunity for you to clarify your values as a parent

and give your ideas for creating the family life you wish for.

There will be plenty of time to discuss what we mean by 'discipline' and learn from other group members. There will also be singing at the beginning of the workshop and an artistic activity or seasonal craft in the second half of the morning. It will be the longest day of the year midsummers day - and hopefully we can have a shared picnic lunch as a completion celebration.

Saturdau

June 21st

9.30am - 12.30

Apple Tree

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- An overview of different parenting styles.
- Engage in experiential exercises to help clarify and hone your own values and parenting style.
- An opportunity to take home new ideas.
- Time to discuss concerns and questions in a safe supportive environment.
- A chance to try out a new craft or artistic activity.

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WORKSHOPS FOR PARENTS - 4 - Donations on the day

